

# CROSS COUNTRY ALL-STARS

Selected by The Enquirer staff on recommendations from area coaches



Mark Chalifoux/Community Press

**Cincinnati Country Day** senior Alanah Hall won the Division III district cross country championship.

## GIRLS' FIRST TEAM



**Alanah Hall, Cincinnati Country Day**  
 The senior was 19th at the Division III state meet with a time of 19:18.3.



**Sarah Mazzei, St. Ursula**  
 The junior was eighth at the Division I state meet with a time of 18:17.7.



**Nicole Hird, St. Ursula**  
 The senior was 11th at the Division I state meet with a time of 18:24.1.



**Monica Lake, Mason**  
 The junior was 12th at the Division I state meet with a time of 18:25.



**Samantha Siler, Sycamore**  
 The sophomore was 13th at the Division I state meet with a time of 18:26.1.



**Allison Steinbeck, Colerain**  
 The senior was 19th at the Division I state meet with a time of 18:35.6.



**Kristen Seiler, Colerain**  
 The sophomore was 24th at the Division I state meet with a time of 18:41.8.



**Lauren Goodwin, Kings**  
 The senior was 29th at the Division I state meet with a time of 18:50.1.



**Claudia Saunders, Princeton**  
 The junior was seventh at the Division I state meet with a time of 18:12.4.

## GIRLS' HONORABLE MENTION

**Cincinnati Christian** - Lindsey Mead; **Clinton-Massie** - Aubrey Richardson; **Kings** - Kristen Sevier, Julie Greenwood, Megan Heitkemper, Elena Bersani, Kacy Dunn, Paige Miller; **Lakota East** - Kelly Burrows; **Lakota West** - Amanda Shelby; **Lebanon** - Jacquelyn Crow; **Mason** - Jessica Harrison, Tori Martin, Maddy Baehre, Jennifer Center, Mackenzie Jensen; **St. Ursula** - Brooke Wildermuth, Paige Frey, Nicole Hurwitz, Abigail Wilkymack, Chloe Georgiades; **Wyoming** - Emily Stites

## BOYS' DIV. I RUNNER OF THE YEAR



**Zach Wills, Mason**  
 The senior became the fifth male runner in OHSAA history to win three individual state titles. He won the state meet in 15:19.8. He is committed to run at Oklahoma State.

## BOYS' DIV. I COACH OF THE YEAR



**Steve Spencer, Elder**  
 He was the GCL-South coach of the year. Elder was seventh at the state meet and a regional runner-up.

## BOYS' DIV. II-III RUNNER OF THE YEAR



**Colin Cotton, Summit Country Day**  
 The senior won the Division III state meet with a time of 15:32.5.

## BOYS' DIV. II-III COACH OF THE YEAR



**Kurtis Smith, Summit Country Day**  
 He led Summit to a sixth-place finish at the Division III state meet.



Tony Tribble for The Enquirer

**Glen Este** senior Michelle Thomas has verbally committed to run at Ohio State.

## GIRLS' DIV. I RUNNER OF THE YEAR



**Michelle Thomas, Glen Este**  
 The senior won the state meet with a time of 17:41.5.

## GIRLS' DIV. I COACH OF THE YEAR



**Chip Dobson, Mason**  
 He led the Comets to a state runner-up finish.

## GIRLS' DIV. II-III RUNNER OF THE YEAR



**Elizabeth Heinbach, Indian Hill**  
 The junior was fifth at the Division II state meet with a time of 18:15.

## GIRLS' DIV. II-III COACH OF THE YEAR



**Susan Savage, Indian Hill**  
 She led Indian Hill to a sixth-place finish at the Division II regional meet. Indian Hill was district champions.



Tony Tribble for The Enquirer

**Zach Wills** pumps his fist after receiving his boys' Division I cross country state championship medal.

## BOYS' FIRST TEAM



**Matt Kincaid, Mason**  
 The senior was 16th at the Division I state meet with a time of 15:50.1.



**Travis Hawes, La Salle**  
 The senior was 20th at the Division I state meet with a time of 15:54.8.



**Jack Butler, St. Xavier**  
 The senior was 26th at the Division I state meet with a time of 15:58.1.



**Josh Makin, Elder**  
 The senior was 32nd at the Division I state meet with a time of 16:04.3.



**Josh Rieskamp, Elder**  
 The senior was 37th at the Division I state meet with a time of 16:08.8.



**Greg Sanders, St. Xavier**  
 The senior was 45th at the Division I state meet with a time of 16:10.8.



**Nick Vogele, Anderson**  
 The junior was 47th at the Division I state meet with a time of 16:11.5.



**Alex Thiery, La Salle**  
 The senior was 48th at the Division I state meet with a time of 16:12.



**Corey Zielinski, Elder**  
 The senior was 50th at the Division I state meet with a time of 16:13.3.

## BOYS' HONORABLE MENTION

**Elder** - Nathan Lauck, Joey Kelley, Luke Schafer, Jake Clark; **Lakota West** - J.J. Webber; **La Salle** - Drew Michel, Matt Schroeck, Marc Nie, Matt Nie, Kevin Kluesener, Ethan Bokeno; **Mariemont** - Brian Austin; **Mason** - Connor Van Blaricom, Ryan Sanders, Alex Notten, Tate Honaker, Tom Clark; **New Richmond** - Timmy Hall; **Oak Hills** - Cody Laceywell; **St. Xavier** - Jake Grabowski, Shomo Das, Taylor Ehrman, Robby Flannigan, Andrew Bachman; **Summit Country Day** - Charlie Michel, Ryan Gabelman, Mark France, Nathan Patterson, Matt Schiess, Drew VonHandorf; **Turpin** - Antony Parigioni